

**TEACHABLE MOMENTS**

**NAME 15 things that relate to Kairos. Have one word repeated a few times in the list. After done, have everyone try to write down what they remember. 50% remember first and last, everyone remembers the repeated word. Discuss what this means as it related to team training.**

**Name required job skills of a Kairos volunteer.**

**Name moments when Jesus was a good listener.**

**Active Listening Steps:**

1. Pay attention
2. Show that you are listening
3. Make sure you understand
4. Defer judgement
5. Respond Appropriately

**ACTIVE LISTENING**

**Quotes:** *“God speaks in the silence of the heart. Listening is the beginning of prayer.* -Mother Teresa

*“The first duty of love is to listen.”* -Paul Tillich

**Art of Listening**: The most basic human need is to understand and to be understood, but most people do not listen; they listen with the goal of responding. To respond is to react, and to react is not to listen. *The art of listening is through silence.*

**Active Listening:**  is a way of responding to someone by trying to understand not merely what the person is saying, but what he/she is feeling.

**TEACHABLE MOMENTS**

**1. Draw a medium-sized circle in the middle of your paper.**

**2. Draw a medium-sized square below the circle but have the top of it touch the bottom of the circle.**

**3. Draw a medium-sized heart in the square.**

**4. Draw two smaller rectangles, one on each side of the square. They should go the wide way not the tall way and they should touch the sides of the square. Also, the top of each rectangle should line up with the top of the square.**

**5. Draw a medium-sized triangle above the circle. The bottom of the triangle should touch the top of the circle.**

**6. Draw three small stars anywhere inside the triangle.**

**7. Draw a small triangle in the center of the medium-sized circle.**

**8. Draw an arc which curves up below the small triangle.**

**9. Draw two small circles above the small triangle, one slightly to the right and one slightly to the left.**

