



## KAIROS INSIDE FACILITATOR GUIDE

After being selected by the Advisory Council to attend Prayer and Share as a Facilitator, you should have taken part in training to be a “Prayer and Share Facilitator”.

Below are some important points to remember:

- You may use the first 5 to 10 minutes to teach the “why” and “How” of Prayer and Share that you learned at Facilitator training. Remind the participants the purpose of being there (growth, encouragement, friendship, accountability) and that the 5 questions relate not only to the three-legged stool used on the Kairos Weekend, but also are directly related to the Weekend talks. The 5 questions ask: How are you doing with Jesus? What have you learned or studied this week? How have you helped someone else? Where have you messed up? And what are you thankful for? They are basic questions that we all should answer each week! Remind the participants why accountability, confidentiality, and respect are so important.
- You can also use this training time to talk about receiving new people into their small Prayer and Share group with love and inclusion. It is terrible to be ignored or made to feel like you are not wanted. You can also go over the Host guide, explain what to do, as at some point they all will be a Host.
- Keep the participants on track so the meeting does not become a gripe session. You can sometimes tell by the volume in the room. Provide and encourage the use of the Group Meeting card as you walk around.
- Consult with the Chaplain and/or the Inside Council members as problems arise. For example, if a non-Kairos grad shows up.

- Always remember that this is their time, their meeting, their community and use “Listen, Listen. Love, Love” at all times and in whatever you do.
- Remind them that this is important and should be taken seriously. The atmosphere should be spiritual because of the desired outcome for their personal lives.
- If there is more than one volunteer present, you should partake of your own Prayer and Share group. Do not sit with the Kairos grads, as you don’t live in their community.

As Prayer and Share begins:

- Welcome and encourage participants both as they enter the room and have an opening greeting addressing everyone. Making them feel included is important so they will return, especially new people.
- Conduct 5 minutes of Prayer and Share training
- You may sing one song at the beginning, but Prayer and Share isn’t about singing, it is about accountability. Many people aren’t 100% comfortable with being accountable and will want to sing to take up as much time as possible to shorten accountability time. Don’t allow this to happen!
- Have them break into their Prayer and Share small groups (it is easier if they do that automatically as they enter but doesn’t always happen). You may have to help some folks pick a group. Don’t allow someone to feel confused or unwanted.
- If there are new people, introduce them into a specific small group.
- Select the Hosts for that meeting for each Group and provide a Guide sheet for them. This position should rotate.
- If you choose (or it might be tradition) close with the Lord’s Prayer and you may sing “Surely the Presence of the Lord is in this Place” to adjourn (optional).

Thank you again for serving Kairos in this unique and important way. May you experience many Blessings as you accomplish God’s work.