

ANGER

Clergy Meditation # 4 "Christ the Mediator"

10 minutes MAX

The purpose of this meditation is to help the participants discover how Christ can be a mediator for us between our anger and our reactions / responses which will probably be sinful.

A mediator is a sort of go-between that helps with communication between two people. Today, I want to share with you how Jesus is a Mediator for Us.

Verses you MAY use include:

Hebrews 9:15

1 Timothy 2:5

James 1:19-20

2 Corinthians 5:21