



Examples how to achieve required Team Formation hours

As you are invited back into the facility for Kairos Inside and/or Kairos Torch, you may not have your usual 4–6-month window to complete your team formation hours. A facility might say “you can do a Weekend in 2 months” or even less. You must still conduct the required team formation hours, as this is what creates family and achieves group dynamics goals and ensures the quality of your Weekend. You need the hours especially after a 2-year (or more) hiatus.

Hours of team formation: Kairos Inside: 34-36 hours

Kairos Torch: 40 hours

Remember, Kairos does not tell you when to hold your team formation meetings and the Riverbanks are wide for team formation meetings. You must train the number of hours required for your program as outlined above, and to train all the required information outlined in Ezra. Be creative and put together a scenario that works for you and your team. There are many ways to accomplish this. Here are just a few examples; any combination to get to the number of hours is ok.

Weekend - 30-hour schedule:

Friday: 12:00 pm until 9:00 pm
Saturday: 8:00 am until 9:00 pm
Sunday: 8:00 am until 4:00 pm

Weekend - 20-hour schedule:

Friday: 6:00 pm until 9:00 pm
Saturday: 8:00 am until 9:00 pm
Sunday: 1:00 pm until 5:00 pm

Weekend – 15-hour schedule:

Friday: 6:00 pm until 9:00 pm
Saturday: 8:00 am until 8:00 pm

Weekend – 12-hour schedule:

Friday: 6:00 pm until 9:00 pm
Saturday: 8:00 am until 5:00 pm

Evenings – 3-hour schedule:

6:00 pm until 9:00 pm

Saturday– 6 or 8-hour schedule:

8:00 am until 2:00 pm
8:00 am until 4:00 pm

The day the Weekend begins:

Any number of hours you need

Examples for obtaining your hours:

Scenario #1 – 34 hours of training

1 weekend training (20-hour schedule)	20 hours
1 Saturday team meeting (8:00 am – 4:00 pm)	8 hours
2 weekly meetings (6:00 pm – 9:00 pm)	6 hours
Total	34 hours

Scenario # 2 – 36 hours of training

1 weekend training (15-hour schedule)	15 hours
1 Saturday team meeting (8:00 am – 4:00 pm)	8 hours
2 weekly meetings (6:00 pm – 9:00 pm)	6 hours
The day the Weekend begins	5 hours
Total	34 hours

Scenario # 3 – 40 hours of training

1 weekly training (6:00 pm – 9:00 pm)	3 hours
1 weekend training (30-hour schedule)	30 hours
1 Saturday team meeting (8:00 am – 3:00 pm)	7 hours
Total	40 hours